

Curriculum Vitae

Personal Details

Name : Dr. Pitri Raj Banstola
Father's name : Bishnu Bhakta Bastola
Date of birth : 1970-03-21
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Academic Qualification

M.Ed. in English Education from Tribhuvan University, Kathmandu, Nepal

PhD in English Education from Nepal Sanskrit University, Dang, Nepal

Professional Experience

1. Currently working as an Assistant Professor at Prithvi Narayan Campus (TU), Pokhara for 21 years
2. Working as a part-time teacher at Prithvi Narayan Campus (TU), Pokhara, for five years (2060.8.10 to 2065.1.22), from November 26, 2003, to May 5, 2008.
3. Working as an assistant lecturer (2065.1.23 to 2074.1.13) from April 6, 2008, to April 14, 2017.
4. Working as a lecturer (2074.01.13) from April 14, 2017.
5. Currently working as a coordinator of M.Ed. & PGD Education programs at Prithvinarayan Campus, Pokhara, Tribhuvan University

Countries Visited

- India
Personal Visit
- The USA
Formal Visit

Exchange Program

1. Participated in International Visitor's Leadership Programme (IVLP) on **Higher Education**, November 21- December 9, 2016, organized by the United States Department of State Bureau of Educational and Cultural Affairs.

2. Participated in the **Personal Exchange Program launched by Nepal Red Cross Society, November 9 - December 9, 1998**

Conferences Attended

- The 6th International Conference of NELTA held at Gandaki Boarding School, Nepal on 20-22 February 1999
- The 17th International Conference of NELTA held at St. Xavier's School, Lalitpur, Nepal on 18- 20 February 2012
- The 20th International Conference of NELTA held at DAV Sushil Kedia Vishwa Bharati Higher Secondary School, Lalitpur on 17 - 19 February 2015
- The 21st International Conference of NELTA held at Little Angels' College of Higher Studies, Lalitpur, Nepal
- TESOL-MULTIREGIONAL CONFERENCE & SYMPOSIUM -2019, Nepal
- **National Conference on Teacher Education, 10-12 May 2025**, organized by the Department of EPM, Prithvi Narayan Campus, Pokhara, in collaboration with UGC, Nepal

Trainings attended:

- Participated in MTOT Orientation Program organized by UGC, Nepal , January 10- January 11, 2026
- Completed a 4-credit-hour course on **Faculty Development EDCE 437/537 Training of Trainers (TOT)** 2-8 March 2025, organized by Kathmandu University School of Education in collaboration with UGC, Nepal
- Completed a 4.5-credit-hour training workshop on **Faculties' Professional Capacity Enhancement (PCEP)**, August 22-27, 2024, organized at Himalayan Deurali Resort, Nagdanda, Kaski, by the Tribhuvan University, Faculty of Education, Office of the Dean, Balkhu, Kathmandu and supported by UGC, Nepal
- Participated in a three-day Orientation on **Poetry, Critical and Creative Thinking and Teaching English at Certificate Level** held on 12 to 14 January 2004, facilitated by **Dr. Shreedhar Prasad** and organized by Janapriya Multiple Campus, Pokhara.
- Participated in **Five-Day Basic Level Training of Critical Thinking Methodology** organized by Faculty of Education, T. U. from 15 to 19 October, 2012.

- Participated in A **three-day teacher Training** facilitated by **Professor Dr. Spencer Salas**, held at Hotel Peninsula Pokhara on June 7, 8, & 9, 2014. Sponsored by the U.S. Embassy Regional Language Office (RELO), Kathmandu and organized by NELTA.
- Attended a three-day **Teacher Training Workshop** organized by Integrated Community Development Forum and sponsored by the U S Embassy, Kathmandu, on May 16 to 18, 2014, at the American Corner, Pokhara.
- Participated in three days' **Digital Transformation in Education** organized by NUTA in collaboration with UGC Nepal, 23-25, 2022, at PN campus, Pokhara

Seminars/ Workshops Participated In

- **Research Methodology Seminar cum Workshop on English Language Teaching** facilitated by **Prof. Dr. Jai Raj Awasthi** and organized by the Department of English Education, P. N. Campus, Pokhara from July 6 – 13, 2008.
- Participated in the **Seminar on Theories of Grammar**, February 5-11, 2009, organized by the Department of English Education at Prithvi Narayan Campus, Pokhara, Nepal
- **Linguistics and Active Learning in the TEFL Classroom** conducted by **Dr. S. Wheeler** and organized by the Regional English Language Office, U.S. Embassy, Kathmandu on June 13 & 14, 2016 in Pokhara, Nepal.
- **30-hour Workshop on Academic Writing for University Teachers led by Dr. Sarah Henderson–Lee**, Asso. Professor at **Depart. of English, Minnesota State University**, English Language Specialist, U.S. Department of State and supported by RELO, U.S. Embassy

Paper Presentations:

1. Delivered a **Featured Talk** on Aligning Theorey and Practice: An Ethnographic Study of English Education Teaching Practice at 8th Annuel International ELT and Applied Linguistics Conference (May 2-3, 2026) organized by Department of English Education, University Campus, TU, Kirtipur, Kathmandu, Nepal
2. Presented a paper on **Bridging Theory and Practice: An Ethnographic Study of English Education Teaching Practice at the National Conference**, 10- 12 May 2025, organized by the Department of EMP, Prithvi Narayan Campus, Pokhara, in collaboration with UGC Nepal

3. Presented a paper on **AN OBSERVATIONAL STUDY ON PEER FEEDBACK PRACTICES IN UNIVERSITY LEVEL ENGLISH LANGUAGE**

CLASSROOMS IN NEPAL at the International Conference, 29- 30 March 2025, organized by Kalika Multiple Campus, Pokhara, in collaboration with UGC Nepal

4. Presented a paper on **Using Mother Tongue in Diverse English Classes: Challenges and opportunities** at TESOL- NELTA Regional Conference

&Symposium 2019, Nepal on 20-23 November 2019 at DAV Higher Secondary School, Lalitpur, Kathmandu, Nepal

Facilitations

1. Faculty Professional Development Training , Second Cohort (2026, April 16-- 21)

Organized by Janapriya Multiple Campus, Pokhara, supported by UGC, Nepal

2. Faculty Professional Development Training, Second Cohort (March 22, 2026)

Organized by Aadikavi Bhanubhakta Campus, Damauli, supported by UGC, Nepal

3. Faculty Professional Development Training First Cohort (May 18- 23, 2025)

Organized by Aadikavi Bhanubhakta Campus, Damauli, supported by UGC, Nepal

4. Faculty Professional Development Training, First Cohort (2025, August 3- 8)

Organized by Janapriya Multiple Campus, Pokhara, supported by UGC, Nepal

5. Facilitated on **Basic Level Training on Critical Thinking Methodology**, January 13- 17, 2013, organized by Faculty Education, T.U. for Education Faculty members at Prithvi Narayan Campus, Pokhara

6. Facilitated on Addressing Diversity in Research Practices: Preparing Research Guidelines Through Workshop, June 30 - July 2, 2022, organized by the Department of English Education, Prithvi Narayan Campus, Pokhara, Nepal, in collaboration with UGC, Nepal

7. Moderated A Panel Discussion on **Transforming Higher Education in Nepal** in an International Conference (April 26 – 28, 2026) by Janapriya Multiple Campus, Pokhara

Membership

Life Member - Nepal Red Cross Society

Life Member - Nepal English Language Teachers 'Association,
NELTA

Former Central Committee Member: NELTA

Member - International Association of Teachers of English as a Foreign Language, IATEFL
 Former Chair - NELTA Branch, Kaski
 Senator Member - Janapriya Multiple Campus, Pokhara
 Former Subject Committee Member- English and other Foreign Languages Education in Tribhuvan University, Kathmandu, Nepal
 TU Representative: To Kalika Multiple Campus, Kajipokhara, Pokhara

Research Carried Out

1. Effectiveness of Teachers' Guide of Grade IX English (M.Ed. Thesis)
2. Role of Child-Friendly School Environment in English Language Teaching (Mini Research)
3. English Language Teaching Activities Adopted by Student Teachers of Janapriya Multiple Campus, Pokhara, supported by JMC, Pokhara
4. English Language Teaching in Large Multilevel Classes in Schools of Nepal: Challenges and Opportunities (Mini research, supported by the office of Dean, Faculty of Education, Tribhuvan University, Nepal)
5. Bridging Theories and Practices: An Ethnographic Study of English Education Teaching Practice 2024 (Mini Research Supported by Janapriya Research and Consultancy Center (JRCC))

Books Published

1. A Course in Phonetics and Phonology in 2009 (Co-authorship)
2. Foundations of Language and Linguistics in 2011 (Co-authorship)
3. English Language Teaching Methods & Materials in 2012 (Single Authorship)
4. English Language Teaching Approaches, Methods and Practices (Single Authorship)
5. Research Designs and Methodology in English Education (Single Authorship)
6. A Textbook for English for Mass Communication (single Authorship)

Articles Published

- *Conceptual Framework of Writing an Essay in Janapragyamanch* Vol. 10, 2009
- *A Glimpse on English Prepositions* in ELT Vision Vol. 1, 2010
- *Towards the Origin of Human Language*, in Shikshya Sandesh Vol 1, 2010

- *Inadequacies of Traditional Grammar and Germination of Structuralism* in *ELT Perspectives* Vol. 1, 2010
- *Human Language and Animal Communication: A Comparative Study* in *Janapragyamanch* Vol 11, 2010
- *Key Concept in Language and Linguistics*, in *Pragyaprabhat* Vol. 2, 2011
- *Language Variation* in *ELT Vision* Vol 2, 2011
- *An Overview of Compulsory English Course of B. Ed. First Year with Reference to Its Question Paper, 2067* in *Shikshya Sandesh* Vol.2, 2011
- *Teaching without Daily Lesson Plan and Materials* in *Pragyamanch* Vol. 11, 2011
- *Issues and Challenges in English Language Teaching* in *Shikshya Sandesh* Vol.3, 2012
- *Teaching Practice Needs to Be More Effective* in *Pragyaprabhat* Vol. II & III in 2012
- *Who Teachers Are in Class?* in *Education Forum* Vol. 12, 2012
- *Experts' Attitudes Towards Teacher's Guide for Grade IX English* in *ELT Prospective* Vol. II and III Oct. 2013
- *Burning Issues and Challenges of ELT in Nepal* in *Janapragyamanch* Vol. 13, 2013
- *English Language Teaching Techniques: A Discussion* in *NELTA ELT FORUM* , 2015
- *New Course of General English for Four-Year B.Ed. First Year: Need of Time* in *Perspectives on ELT* Vol. 1, 2016
- *Overview of ELT methods and Approaches in English Language Teaching* **VISION** Vol. 3 2017
- *Views and perspectives on Shifting Spectrum in EFL/ ESL Courses in English Language Teaching Perspectives* Vol. IV 2017
- *Child friendliness in Multilingual Classrooms of Nepal* in *English Language Teaching PERSPECTIVES* Vol. V 2018
- *Views towards English Textbook for Grade Nine* in *English Language Teaching PERSPECTIVES* Vol.VI 2019
- *Students Teachers' Practices: A Case of English Language Teaching Classrooms* in *Jjis* Vol.XII, 2023, DOI: <https://doi.org/10.3126/jjis.v12i1.62249>
- *English Language Teaching in Multilevel Classrooms: Challenges and Opportunities* in *English Language Teaching PERSPECTIVES* Vol.VI, 2019, DOI: <https://doi.org/10.3126/eltp.v8i1-2.57858>

- ELT Classroom Management Strategies: A Case of Great Eight in Nepalese Schools in Journal of Nelta Gandaki, Vol. VII Issue (1-2) 2023, pp. 1-13 DOI: <https://doi.org/10.3126/jong.v7i1-2.70181>
- Exploring Teachers' Perspectives Towards English-Only Policy Influence on Student-Teacher Rapport in Journal of Nelta Gandaki, Vol. VIII Issue (1-2) 2025, pp. 45-56 DOI: <https://doi.org/10.3126/jong.v8i1-2.85071>

Referee:

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